

Pet Poisoning Emergency Checklist

Use this worksheet before calling your veterinarian or a pet poison hotline. Do not induce vomiting unless a veterinary professional tells you to.

1. Record the exposure

Item or product	Name, brand, ingredient list, plant name, food, medicine, or chemical.
Amount and time	Estimate how much was eaten, licked, inhaled, or spilled on the skin and when it happened.
Pet details	Species, breed, weight, age, medications, medical conditions, and current symptoms.

2. Watch for urgent symptoms

Emergency signs	Trouble breathing, collapse, seizures, repeated vomiting, severe weakness, pale gums, swelling, tremors, or abnormal heart rate.
Bring with you	Product package, plant sample or photo, medication bottle, vomit sample if safely available, and this checklist.
Call now	Your veterinarian, nearest emergency hospital, ASPCA Animal Poison Control: 888-426-4435, or Pet Poison Helpline: 855-764-7661.

3. Avoid common mistakes

Do not guess	Do not wait for symptoms with known high-risk toxins such as xylitol, grapes or raisins, lilies for cats, chocolate, human medications, or sago palm.
Do not mix treatments	Do not give peroxide, salt, oil, milk, activated charcoal, or home remedies unless directed by a veterinary professional.
Prevent repeat access	Move other pets away, close the room, secure the product, and clean residue only if it is safe for you to do so.

PetVitals.com educational resource. This checklist is not veterinary advice and does not replace emergency care.